Town & Country gardens

White Wild Bleeding Heart

Dicentra eximia 'Alba'



White Wild Bleeding Heart flowers
Photo courtesy of NetPS Plant Finder

Height: 12 inches

Spread: 18 inches

Spacing: 15 inches

Sunlight: ◐ ●

Hardiness Zone: 3

Other Names: Fringed Bleeding Heart, Plume Bleeding Heart

Description:

Lacy light green foliage on a compact mound with delicate, white dangling heart-shaped flowers on nodding stems, like little jewels in the garden; likes moist, shady areas

Ornamental Features

White Wild Bleeding Heart features delicate nodding white heart-shaped flowers dangling from the stems from late spring to mid summer. Its ferny compound leaves remain light green in color throughout the season.

Landscape Attributes

White Wild Bleeding Heart is an herbaceous perennial with a mounded form. It brings an extremely fine and delicate texture to the garden composition and should be used to full effect.

This plant will require occasional maintenance and upkeep, and should be cut back in late fall in preparation for winter. It is a good choice for attracting butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Self-Seeding

White Wild Bleeding Heart is recommended for the following landscape applications;

- Mass Planting
- Rock/Alpine Gardens
- Border Edging
- General Garden Use
- Container Planting

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Planting & Growing

White Wild Bleeding Heart will grow to be about 10 inches tall at maturity, with a spread of 18 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 15 inches apart. Its foliage tends to remain low and dense right to the ground. It grows at a slow rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen! As this plant tends to go dormant in summer, it is best interplanted with late-season bloomers to hide the dying foliage.

This plant does best in partial shade to shade. It prefers to grow in average to moist conditions, and shouldn't be allowed to dry out. It is not particular as to soil pH, but grows best in rich soils. It is quite intolerant of urban pollution, therefore inner city or urban streetside plantings are best avoided. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selection of a native North American species, and parts of it are known to be toxic to humans and animals, so care should be exercised in planting it around children and pets. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

White Wild Bleeding Heart is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.