Town & Country gardens

Sissinghurst White Lungwort

Pulmonaria 'Sissinghurst White'

Height: 12 inches

Spread: 18 inches

Spacing: 15 inches

Sunlight: ◐ ●

Hardiness Zone: 3

Other Names: Lords And Ladies, Bethlehem Sage

Ornamental Features

Sissinghurst White Lungwort features delicate clusters of white bell-shaped flowers at the ends of the stems from mid to late spring. Its attractive narrow leaves remain green in color with distinctive silver spots throughout the season.

Landscape Attributes

Sissinghurst White Lungwort is an herbaceous perennial with a mounded form. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This is a relatively low maintenance plant, and should be cut back in late fall in preparation for winter. Deer don't particularly care for this plant and will usually leave it alone in favor of tastier treats. It has no significant negative characteristics.

Sissinghurst White Lungwort is recommended for the following landscape applications;

- Mass Planting
- Rock/Alpine Gardens
- General Garden Use
- Container Planting



Sissinghurst White Lungwort flowers
Photo courtesy of NetPS Plant Finder



Sissinghurst White Lungwort
Photo courtesy of NetPS Plant Finder

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Planting & Growing

Sissinghurst White Lungwort will grow to be about 12 inches tall at maturity, with a spread of 18 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 15 inches apart. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in partial shade to shade. It prefers to grow in average to moist conditions, and shouldn't be allowed to dry out. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This particular variety is an interspecific hybrid. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Sissinghurst White Lungwort is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers and foliage against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.