Sugar And Spice Foamflower

Tiarella 'Sugar And Spice'



Sugar And Spice Foamflower flowers
Photo courtesy of NetPS Plant Finder

Plant Height: 8 inches

Flower Height: 15 inches

Spread: 12 inches

Spacing: 10 inches

Sunlight: ◐ ●

Hardiness Zone: 4

Ornamental Features

Sugar And Spice Foamflower has masses of beautiful spikes of lightly-scented white bell-shaped flowers rising above the foliage from mid spring to mid summer, which emerge from distinctive pink flower buds, and which are most effective when planted in groupings. The flowers are excellent for cutting. Its attractive glossy lobed leaves remain emerald green in color with distinctive deep purple veins throughout the year. The dark red stems are very colorful and add to the overall interest of the plant.



Sugar And Spice Foamflower foliage
Photo courtesy of NetPS Plant Finder

Landscape Attributes

Sugar And Spice Foamflower is an herbaceous evergreen perennial with tall flower stalks held atop a low mound of foliage. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. Deer don't particularly care for this plant and will usually leave it alone in favor of tastier treats. It has no significant negative characteristics.

Sugar And Spice Foamflower is recommended for the following landscape applications;

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- Mass Planting
- Rock/Alpine Gardens
- Border Edging
- General Garden Use
- Groundcover
- Container Planting

Planting & Growing

Sugar And Spice Foamflower will grow to be about 8 inches tall at maturity extending to 15 inches tall with the flowers, with a spread of 12 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 10 inches apart. Its foliage tends to remain low and dense right to the ground. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an evegreen perennial, this plant will typically keep its form and foliage year-round.

This plant does best in partial shade to shade. It requires an evenly moist well-drained soil for optimal growth. It is particular about its soil conditions, with a strong preference for rich, acidic soils. It is somewhat tolerant of urban pollution, and will benefit from being planted in a relatively sheltered location. Consider covering it with a thick layer of mulch in winter to protect it in exposed locations or colder microclimates. This particular variety is an interspecific hybrid. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Sugar And Spice Foamflower is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers and foliage against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.